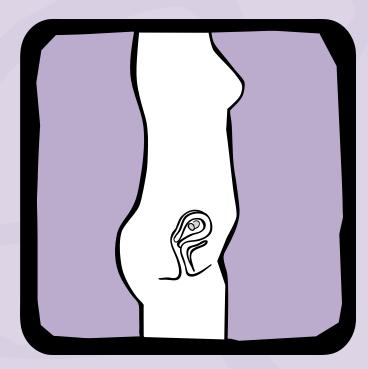


Goal: Exchange information and identify existing risk factors that may impact the pregnancy.



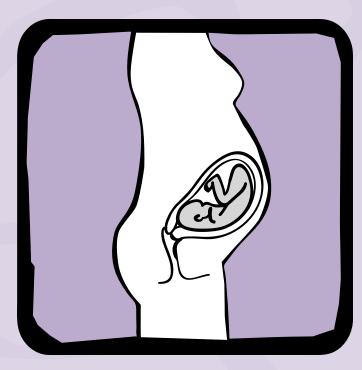
Goal: Determine your current health status and work towards a healthy pregnancy.



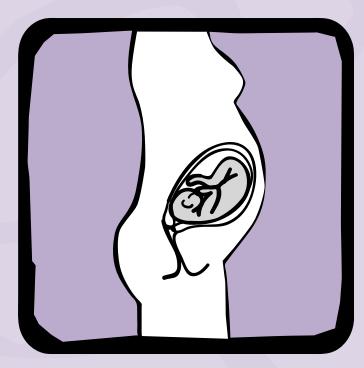
Goal: Work towards a more comfortable and safer pregnancy.



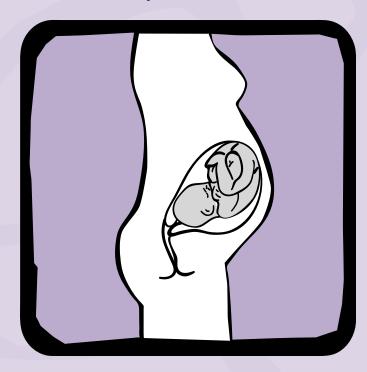
Goal: Prevent pre-term labor for a safe and healthy baby.



Goal: Monitor baby and your progress and learn to count fetal movements.



Goal: Prepare for your baby's arrival.



Goal: Begin preparations for your hospital experience.



Goal: Preparing for the delivery and baby's arrival at home.

Prenatal Information Sheet Resources

